



2023 IMPACT REPORT

The HealthVisions Midwest of Fort Wayne team continued expanding programs and services in 2023 to meet the growing needs of underserved communities. Everything we were able to accomplish was because of YOU.

Thank you.

In 2023, HealthVisions Midwest of Fort Wayne began using the Indiana Minority Health Coalition's (IMHC) curriculum to promote healthier lifestyles and well-being within our community. Through this effort—and with your support—we have:

- Facilitated **524** impactful engagements aimed at combating obesity and enhancing food intake
- Educated **634** individuals about the critical aspects of chronic diseases such as cancer, diabetes, and heart disease. With vital knowledge and resources, these individuals were empowered to combat these diseases.
- Interacted through **364** impactful engagements aimed at enhancing public awareness and understanding of mental health issues to foster a better informed and more supportive community.
- Directly impacted **51** individuals by significantly advancing their understanding and practices related to oral health, and empowering them to take proactive steps toward improving their oral hygiene.
- Made **417** contacts to significantly bridge critical gaps to enhance Latino access to essential healthcare services and comprehensive health screenings.

By reaching such a significant number of people, HVM's impact extends beyond education; it represents a tangible stride toward healthier communities and improved well-being for all.

With your help, our collaborations with partnering local agencies helped diminish barriers to health screenings. By strategically extending our reach, we facilitated access to crucial screenings for **124** individuals within our community. This initiative underscores our commitment to promoting preventive healthcare and fostering a healthier, better-informed population.

We also amplified to **869** contacts an awareness of lead poisoning and how imperative lead testing is among children younger than age three. Through your support, this Lead Messaging Campaign effectively heightened understanding and action toward safeguarding the health of our precious children.

You also helped provide HEAL (Healthy Eating Active Living) market management of fresh foods in food deserts. Last year, we recorded **1,725** customer transactions and ensured that more nutritious food options were offered in underserved communities.



THANK YOU for helping us bridge the gap for those lacking access to healthcare and healthy food. You are making a difference toward improving the health and wellbeing of individuals and families in our communities.

Poor Handmaids of Jesus Christ



Partners in the work of the Spirit

HealthVisions Midwest is a ministry sponsored by the Poor Handmaids of Jesus Christ.

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