



2023 IMPACT REPORT

In 2023, HealthVisions Midwest of East St. Louis continued to empower more St. Clair County seniors, disabled persons, and veterans to live healthier lives. Thanks to your support, our volunteers and staff provided crucial services necessary for those in need to maintain health and independence.

We served **4,824** seniors, and persons with disabilities—an increase over 2022 of more than **400** individuals—including **2,845** through outreach in the community. More than **1,780** received Information and assistance services, including free bus passes, discount license plate stickers, Medicare Savings Program access, Medicare Part D (prescription assistance), Medicaid assistance, and LIHEAP energy assistance, and referrals.

Volunteers and staff drove a total of 117,666 miles—a 13 percent increase over 2022—to ensure that seniors could get to dialysis, cancer treatments, medical appointments, grocery stores, banks, bible studies, therapy sessions, recreational outings, and more. At least 72 percent of those trips were for medical services, most of which were either to the Belleville area or St. Louis. More than 51 percent of the seniors who received transportation were aged 75 or older and 86 percent of them lived alone. Without this vital service, traveling such distances would have been impossible for many of these seniors.

Our dedicated volunteers donated **7,548 hours**—a 9 percent increase over last year —to transport seniors, make weekly telephone calls to reduce isolation, and conduct bible study classes to feed spiritual knowledge. According to the Independent Sector's current estimated national value of \$31.80 for each volunteer hour, this was the equivalent of **\$240,026!**

Volunteers helped reduce isolation and loneliness for 230 seniors through our Telephone Reassurance Call (TRC) program and our Circle of Friends gatherings and outings. TRC clients received 1,743 calls in 2023 to remind them that someone cared about them. Our seniors proclaim great anticipation of each call and gathering, for we are often some of the only people who contact them.

One of our client's family member expressed gratitude for HVM services:

"It's difficult to find transportation to and from doctor's appointments, and HealthVisions is a godsend ... I believe that God led us to your organization for Don's good. Undoubtedly, that is true of thousands of other people that you have helped. I don't know of any other organization like HealthVisions. Thank you for doing good in the name of our Lord Jesus Christ."

We're so grateful for YOU—your charitable donation makes all this possible!



