



2022 IMPACT REPORT

The HealthVisions Midwest of Fort Wayne team continued expanding programs and services in 2022 to meet the growing needs of underserved communities. The team offered health education workshops, increased distribution of food vouchers, and broadened case management efforts for Spanish clients. We used innovative approaches to advocate for residents in food desert areas and held an inaugural fundraiser and a communitywide mental health fair. We were able to do all of it—thanks to YOU.

**With support from our generous donors,
HealthVisions Midwest coworkers and partners in 2022 were able to:**

- Make **1,191** contacts through health education workshops and courses about chronic conditions: diabetes, obesity, kidney disease, heart disease, stroke, cancer, anxiety, and depression.
- Offer **340** interpretations and translations to help Spanish-speaking clients navigate medical appointments, employment opportunities, legal matters, and other life situations.
- Host regular virtual meetings of the Allen County Health Equity Coalition (ACHEC), a space for collaboration, networking, and education among leaders from more than 40 local organizations.
- Create the Food Exodus Project documentary and conversation series, engaging **1,017** people through partnerships, in-person and virtual events, and social media.
- Partner with health professionals to offer **135** health screenings, tests, and immunizations through health fairs and regular mobile health visits.
- Make **187** contacts through virtual and in-person “Aspire” programming to address Social Determinants of Health. Topics included financial wellness, life purpose and meaning, dealing with trauma, depression, goal-setting, women and self-image, etc.
- Conduct **1,621** transactions at HEAL Farm Markets in food desert areas. Provide double the amount of fresh fruits and vegetables with each purchase to people eligible for Senior Produce benefits, the Women, Infants, and Children (WIC) program, or for Supplemental Nutrition Assistance Program (SNAP).

Community Health Workers (CHW) like Lupita Valdes in HealthVisions’ Fort Wayne office build client relationships for well-being support. Lupita, a Latino CHW, was contacted by a therapist regarding an older Spanish-speaking client with multiple health conditions. Lupita noticed the woman’s sadness and overeating due to depression. She invited her to educational workshops through the Nutrition Education and Access Program (NEAP). During a holiday home visit, Lupita discovered the family’s need for food assistance. As a NEAP participant, the woman earned incentives for the local food pantry and received a Thanksgiving turkey. Lupita helped the family access benefits from the deceased husband’s pension, providing crucial financial support.

Poor Handmaids of Jesus Christ



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HealthVisions Midwest is a ministry sponsored by the Poor Handmaids of Jesus Christ.

5800 Fairfield Ave., Ste 140

Fort Wayne, IN 46807

260.745.1600

www.hvusa.org

