



2022 IMPACT REPORT

HealthVisions Midwest of East St. Louis continued to meet the unmet needs of seniors, disabled, and veterans in St. Clair County. Volunteers provide transportation for seniors to ensure they get the medical care, food, and services needed to remain independent and healthy. Community Resource Specialists helped low-income seniors and the disabled with Low Income Home Energy Assistance Program access resources and services. We also focused on reducing social isolation for seniors.

- Volunteers provided 6,800 hours for seniors with telephone calls to check on them and reduce isolation, teaching bible study, and providing transportation services.
- 5,134 trips were completed by volunteers.
- At least 51% of the 228 seniors who received transportation were aged 75 or older. 84% of them live alone.
- Volunteers and staff drove 103,243 miles to ensure seniors get dialysis, cancer treatment, medical appointments, grocery store, bank, bible study, therapy, recreation, nutrition, etc.
- Volunteers made 1,785 telephone reassurance calls and provided Circle of Friends small group interactive activities to 198 seniors, reducing their social isolation and loneliness. At least 83% of seniors served lived alone and 81% maintained or improved their social isolation
- · Surveys from seniors who received transportation reveal that 99% said their lives were made easier due to transportation services. Other results include 95% indicated they could get health care services when needed. 79% said they could make and keep appointments and were less stressed. 63% said they felt safer and more secure, and seniors stated that transportation helped them to feel less isolated and lonely.
- Services were provided to 1,544 seniors and persons with disabilities, including more than 1,400 who received Information and Assistance with free bus passes, discount license plates, Medicare Savings Program, Medicare Part D for medication assistance, Medicaid, Low Income Home Energy Assistance Program for rental assistance, referrals for resources. 91% of the seniors were minorities and 84% lived alone.

HealthVisions Midwest often gets thank you cards from family members and clients about the services they receive. A card from a family member states:

"Thank you all for being a part of God's plan for helping... I pray that you will draw close to our Lord during this Lenten season and remember His sacrifice for our sins. Because of Jesus, the best is yet to come! You are all precious. Don't grow weary of doing good! "And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ." Philippians 1:6 Grace and Peace."

Your charitable donation makes all this possible. THANK YOU!

